

# PACE-NET Plus Bremen Conference and Think Tanks

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## Think Tank 1: NCDs

**PACE-NET** PLUS



PACIFIC-EUROPE NETWORK FOR SCIENCE, TECHNOLOGY AND INNOVATION

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for Horizon 2020



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# 1. Focus of EU Commission

## Conclusions from 2014 EU Summit on Chronic Diseases

- As answer to UN High Level Meeting on NCDs in 2011
- Shifted focus from non-communicable to chronic diseases in general
- Guidelines for health invest:
  - On sustainable health systems
  - On people's health as human capital
  - In reducing health inequalities



## 2. Political Leadership

- Consistent and coordinated approaches
- Integration of health across policies
- Broad involvement of civil society
- Effective action on key risk factors:
  - Tobacco
  - Alcohol
  - Nutrition and physical activity
- Exploration of all possible instruments
- Effective health promotion

## 3. Target Key Societal Challenges

- Ageing societies
  - Flexible health and social systems
  - Better integration of services through innovation
- Integration of health across policies
- Health and social dimension of diseases
- Public measures and policies focused on:
  - Diseases with highest burden
  - Multi-morbidity
  - Link physical <-> mental health

## 4. Efficient Use of Resources

- Effective prevention
  - Focus on schools and workplaces
- Incentives for lifestyle change
- Effective funding
  - Programmes in R&D (EU and national level)
  - Nutrition and physical activity
- Integration of health into other policies
- Exploit e-health, m-health & further IT solutions



## 5. Involvement of Citizens in Policy

- Citizen & patient empowerment
- Focus on mechanisms including social media
- Patients as managers of their own disease
- Participation of patient (organisations) in health policy
- Prevention through health and social professionals
- Improve outreach through new approaches
- Account on social, gender & equity issues



## 6. Strengthen Evidence and Information

- Reinforce research & development
  - Medicines, technologies, treatment & prevention
- Use of Big Data for collection & analysis
- Completion of data w/ medical, social & economical aspects
- Stimulation of dissemination for cost-effective interventions
  - Assessment on effectiveness
- Development of strategy for demographic change
  - Transfer between regions & countries
  - Scale-up of innovative practices





# Thank you for your attention!

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